

The Hub for Young Chennai

E-NEWSPAPER

FOR

THE LITTLE PEOPLE **OF**

CHENNAI

March 16 - 29, 2014

Fortnightly. Digital Edition

Free. Direct to desktop. For Subscribers only



Team India for **Street Child World Cup** in Brazil

>> Meet the team from the children's home Karunalaya, who are gearing up for the Street Child World Cup (SCWC) 2014 in Rio de Janeiro scheduled from March 27.

This is the first time many young people in the team Karunalaya, a recognition of this sort is coming into their lives.

For the runaway street children who have been rescued by the Chennai based NGO Karunalaya's street educators, this is a wonderful experience.

Karunalaya working out of Tondiarpet works for child rights and puts the lives of the children left to streets due to various reasons like runaway from family because of unconformable surroundings, disowned and orphaned and train them to live a happy life.

The team, under the sponsorship of Bharti Airtel, is working hard for the last six months in Chennai, under special coaches. India is the current defending champions.

Organised a few months ahead of the FIFA World Cup, the Street Child World Cup (SCWC) will unite street children from across four continents from 19 countries including Brazil, Burundi, South Africa, Kenya, Liberia, Tanzania, Egypt, Mauritius, El Salvador, Mozambique, Zimbabwe,

Indonesia, Philippines, Pakistan, USA, Nicaragua, Argentina England and

This is the second edition of the World Cup after the maiden series in 2010 which was won by India. 15 teams of boys aged 14-16 years will compete against each other for the World Championship title over a period of 10 days playing 30 minute matches on 7a-side football pitches

The Airtel-Karunalaya Team India for Street Child World Cup, Rio de Janeiro, Brazil was launched on March 1, 2014 at Chettiar Hall, Don Bosco Youth Centre, Broadway.

The team members were welcomed and introduced by Hon. Justice S. Manikumar, Judge, High Court of Madras who was the chief guest at the function.

Mrs. Saraswathy Rangaswamy, Chairperson, Tamil Nadu Commission for the Protection of Child Rights was the Special Guest, Mr. Vikash Singh, CEO, Bharti Airtel, Kerala and Tamil Nadu, Mrs. P. Kaliammal, Joint Director, State Commission for the Protection of Child Rights, Rev. Fr. N.

Gerard, Rector, Don Bosco Wisdom Town and Patron, Karunalaya, Rev. Fr. Joseph Berchmans Fernando, Rector, Don Bosco Youth Centre Broadway, Mr. B. Ravikumar David, General Secretary, Tamil Nadu Football Association, Mr. S. John Bosco, President, Karunalaya and Dr. N. Paul Sunder Singh, Secretary, Karunalaya were present.

Organised by UK-based Street Child United (SCU), the Street Child World Cup (SCWC) is a global campaign for the rights of street children.

Through football, art and a unique international street child conference, its aim is to provide a platform for street children to be heard, to challenge negative stereotypes of street children and to promote the rights of street children around the world. Apart from the soccer matches, several fun activities and sports and cultural events will also be organised for the children during the World Cup event days.

Karunalaya is at No. 108, Seniamman Koil Street, Tondiarpet. Phone: 25911214, 25916574, 25916575

This fortnight for you ...

Forays 2014, Mathematics Festival - March 15 and 16, 2014

Mathematics is fun. If you don't believe this, be there at the two-days event Forays hosted by the Department of Mathematics, IIT Madras on March 15 and 16, 2014.

The event is put together by the students of M.Sc, M.Tech



(IMSC) and Ph.D students along with the faculty of the Department of mathematics, IIT-Madras.

There are events, talls, movies, contests, quiz and exhibition – all on Mathematics. While the events on March 15 are for college students, the next day March 16 is

reserved for school students.

Senior students from class 8 and above can participate in the

In the event, Math Works, school students can exhibit a working model which applies Mathematics and win prizes. The event is on March 16 at 2.45 p.m.

The Olympiad is an event for individual participants. Held in two levels (Class 8 to and Class 11 & 12), the students can prove their apptitude in Mathematics. This is on March 16 at 11.40 a.m.

Battle of Brains is a quiz for students of class 11 & 12. Students can participate in teams of two. On March 16. At 4.30

Good in solving puzzles? Then go for the Treasure Hunt event. Open to students of class 8 to 12. This is a team event and three students form a team. On March 16 at 10 a.m.

There are also events for everyone interested in mathematics. A film screening, talks by eminent scholars are lined up on these days.

Details are up on the website – http://www.forays2014.in

Quiz workshop for children

From March 24 to 28, 2014

The Children's Club and Scolympics are conducting Quiz workshops for school children aged between 8 to 14 years in two batches.

The first batch runs from March 24 to 28 from 9.30 a.m to 12.30 p.m.ummer The guiz camp is structured in a game format, thematic teasers for learning new facts and better the quizzing skills in children. Fee Rs. 950.

The Children's Club is at 213, V M St., Mylapore, For registration contact 98840 10569, 94440 26237. Mail to info@scolympics.in

Ugadi celebrations in **DakshinaChitra**

As part of Ugadi, Telugu New Year, a nine-day celebration is on at Dakshinachitra, East Coast Road, Muttukadu.

The festival will feature Pagati Veshalu, a folk theatre native to Telengana and Krishna districts of Andhra Pradesh. It is also called Bahurupalu. This theratre form is performed during the day. It has only three to four persons as cast to enact the play. Some of the important characters in this form of art are Dadinamma, Somayaji Somadevamma and Koravanji.

Also, on display are Cheriyal masks and paintings. The festival ends on March 23, 2014

DakshinaChitra is on the East Coast Road, Muttukadu. Contact phones: 27472603, 27472783

Launching a new library

March 23, 2014

Tantra, a new library will be launched in Anna Nagar on March 23, 2014. This is an initiative by anaesthetist Dr. Tamizselvi, her daughter Swathi, who owns Studio 149 and storyteller Asha Sampath.

Yamini Prashant, 12-year-old children's author who has two published books to her credit, will be the chief guest. There will be a storytelling session by Asha Sampath at the launch.

The centre will conduct workshops with people from various fields. The library is open to children and adults. Membership

The library is also planning to conduct summer workshop in mid-April.

Tantra will be housed in Studio 149, 3rd Main Road, Anna Nagar (above Vummidi Jewellers, Second Floor). For details, contact 9840833953, 9841044646.

Hosting events for kids?

Mail details to

Get it published in this ePaper

on the website

www.yocee.in

editor@yocee.in

EVENTS FOR CHILDREN IN CHENNAL

www.yocee.in/category/whatson/

UPDATED DAILY.

TO ADVERTISE IN THIS

E PAPER

CONTACT +91 98405 44629

Email: yocee.in@gmail.com

- **NEWS** for **CHILDREN**
- **REPORTS** by **STUDENTS**
- **ALERTS** on **EVENTS for KIDS**

ONLINE AT

www.yocee.in



A Fortnightly ePaper from www.yocee.in - news website for Chennai's young people

> Founder - Editor Revathi R

Student reporters team for this issue

Aishwaraya D Kalro Ananya Balaji

Circulation

Free circulation - online at www.yocee.in/category/epaper/

Circulated through email to individual subscribers

Advertising

phone: +91 9840544629

Disclaimer Readers are advised to exercise caution and

use their discretion to visit the external websites mentioned in this ePaper.

The content of the advertisements are as furnished by the advertisers. YOCee does not vouch any of their claims.

Editorial office:

New no. 15, 'Sri Padma' Karpagam Garden First Main Road Adyar, Chennai - 600 020

> Email: editor@yocee.in Phone: +91 9840544629

> > www.yocee.in

PROUD KID

Medals and medals for Kamalesh

S.Kamalesh studying in U.K.G in MCC Campus Matriculation School won two gold medals and the overall championship on the Chief Minister's Open State Roller Skating Championship – 2014 organised and conducted by Tamil Nadu Roller Skating Association at Nehru Stadium from Feb. 14 to 16, 2014.

The competition is held for various age categories starting from below 6 to above 16 years for both boys and girls separately. More than 500 participants from 32 District participated in this competition.

S. Kamalesh participated in the below 6 years Inline boys category representing M.A.V Roller Skating Club, Selaiyur and won two gold medals in Rink IV and Rink V. By securing gold medals in both the events, he also clinched an Individual Championship for below 6 years boys category.

Kamalesh resides in Selaiyur, near Tambaram and is undergoing roller skating practice for the last one year under the direct guidance of trainers Mr. Palanivel and Mr. Ragu of M.A.V Roller Skating Club.

Kamalesh also won gold medals in Club Meets under the same categories of events which were held in M.A.V Roller Skating Club in Sep 2013.

>> Share the news of your awards, prizes and victory with YOCee. Mail news with a photo to editor@yocee.in



MUST SEE DISPLAY AT THE MUSEUM



As part of 'Exhibit of Fortnight', the children's section at the Government Museum, has displayed a model of 'S. S. Irwin Ship'.

The ship, built in 1929 in Glasgow, was bought by the South Indian Railway Company to operate between Dhanushkodi, Rameswaram Island and Talaimannar Pier in Mannar Island, Sri Lanka. The ship was put on service in 1930. The tonnage of the ship is 970.11 gross, and 377.39 registered. The overall length and breadth are 259 feet and 38 feet respectively. Its passenger carrying capacity in fair and rough weather is 1552 and 1045 respectively. The normal speed of the ship is approximately 10 knots.

The ferry service was suspended following a cyclonic disaster that hit Dhanushkodi of Rameswaram Island on December 22, 1964.

The model presented to this museum by Southern Railway will be kept on display till March 24. For details, contact Govt. museum phone no. 2819 3238.

FOR THE NOTES:

Gross tonnage is a unitless index related to a ship's overall internal volume. Gross tonnage is calculated by measuring a ship's volume (from keel to funnel, to the outside of the hull framing) and applying a mathematical formula

Register tonnage is a ship's total internal volume expressed in 'register tons, one of which equals a volume of 100 cubic feet (2.83 m3). It is calculated from the total permanently enclosed capacity of the vessel.

SUMMER FLOWERS

Have you seen these purple flowers blooming all over Chennai?

It is the *Pungai* tree (Millettia pinnata) that blossoms during early summer and spreads strong fragrance. The dense shade it provides slows the evaporation of surface water. It is often used for landscaping purposes as a windbreak or for shade due to the large canopy and showy fragrant flowers.

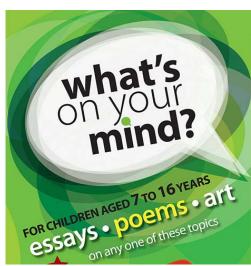
While the oil and residue of the plant are toxic and will induce nausea and vomiting if ingested, the fruits and sprouts, along with the seeds, are used in many traditional remedies. Juices from the plant, as well as the oil, are antiseptic and resistant to pests.

Do you also another golden yellow flowers in abundance this season? Click a picture and mail it to us - editor@yocee.in



Creative Writing contest for teens Last date for entries: March 25, 2014

Parent Circle, a magazine for parents is organising a writing contest for children on their anniversary.



The contest is open to children of ages 7 to 16 years. Essays, poems, art on any of the themes / topics listed below will be accepted. Wordcount should be between 450 and 500 words.

Cash prizes will of Rs. 3000, Rs. 2000 and Rs. 1000 for the top best

Topics are:

- If I could, how would I change my school?
- my kind of teacher
- Social media and gaming

Friends or parents – who do you

trust?

- trendz, frenz and me ...
- Geeks, nerds, dudes ... no labels please!
- I know a bully
- Why I need money
- Sports and me

The entries are to be mailed to winaprize@parentcircle.in clearly mentioning the name, age, class, school and contact phone number.

Send it by post to: Shri Harini Media Pvt. Ltd., 8/14, 3rd floor, Sri Renga Vihar, 1st Cross Street, Karpagam Gardens, Adyar, Chennai 600 020.

Contact: 044 24461066 / 67 / 68

iSmart Summer camp

interpersonal and public speaking skills.

Money Matters

Black money under arrest? Aishwaraya D Kalro, Student Reporter of YOCee checks the story behind the withdrawal of currency notes issued before 2005.



The year of printing the currency note appears on the reverse, at the bottom band (circled in the picture)

The Reserve bank of

issued prior to 2005.

From April 1, 2014,

provide exchange

facility for these

withdraws from

circulation all

currency notes

all banks will

notes.

On January 22, 2014, the Reserve Bank of India's much-speculated note exchange policy sent out shock waves to all currency hoarders.

In a bid to curb black money and counterfeit notes, the RBI has decided to withdraw currency notes issued prior to 2005 from circulation.

With inflation on-the-rise and debts ruling high, the RBI's new move aims at

increasing the security of the Indian rupee as those with tax-evaded money may suddenly show higher turnover and profits in the business, thereby paying more excise duty, sales tax and income tax. Taxes paid by the

citizens contributes to a major chunk of income for the government and is expected to boost government's revenues.

RBI's smart move of arresting unaccounted money, shall bring becomes an easy process as there is a down the high rate of fiscal deficit which sky-rocketed to \$86 Billion!

According to many bankers and experts, black money and counterfeit notes are responsible for price rise. When taxevaded money will get back in circulation, economists foretell that there is a good probability for the recovery of the Indian Economy, which seems to be in a critical state.

In a conversation with the Branch Manager of one of Union Bank of India's city branches, Mr. Sundaram explained that the notes were never banned and would still continue to be a legal tender. He adds that notes can be exchanged before the extended deadline January 1, 2015. Further says that soiled or torn notes can be exchanged too.

While an account holder can get the

notes exchanged with very limited formalities, a non-account holder must furnish proof of identity and residence if he wishes to exchange more than 10 pieces of Rs. 1000 and Rs. 500 notes.

This new policy has kept the bankers busy addressing customers' needs as many flow in to exchange their notes.

He says, identification

unique feature in pre-2005 notes-the year of printing is not mentioned. (Illustrated in the picture)

While most currency hoarders try to get rid of their stash of tax-evaded money by liquidating their unaccounted holdings by spending or exchanging them, the RBI keeps its fingers-crossed for the best results for an improved economy.

March 24 onwards

Ripples Infinite is holding a summer camp that will help participants to enhance self confidence, thought power, problem solving skills, communication &

The camp will be for two age groups - 11 to 14 years - pre-teens and early teens batch and 14 to 17 years - teens and young adult batch. Fee Rs. 2900.

For registration contact Ripples Infinite, G-4, Prime Terrace, 150, LB Road, Thiruvanmiyur. Phone: 99401 64661







SUMMER CAMPS in CHENNAI

List of camps that start this fortnight

For the Sport stars

From March 1 to May 23



SportyBeans is organising camps for kids in various sport activities in different locations in Chennai. The activities include Soccer, golf, baseball, cricket. volleyball, rugby, hockey, tennis, basketball.

At Adyar: 3, Parameswari Nagar 3rd Street and Anna Nagar: CSI Jessie Moses School – April 7 to 26 and May 5 to 23.

At Harrington Road: LVDS, 107, 1st floor, Saizburg Square – March 1 to April 17.

At Mylapore: St. Ebbas School, 109, R.K Salai – April 14 to May 2 and April 28 to May 16.

At Velachery: 27&28, Velachery – Tambaram Main Road (Above Nathella jewellery), Vijayanagar – March 15 to March 30, April 7 to 26 and May 5 to 23.

Contact : adyar@sportybeans.com. Sophia on phone no. 9413 07716

Learn the Folk Route

From March 17, 2014 onwards

Wordly Wise, an activity and resource centre for children, is hosting summer camp titled 'Folk Route'. The camp will focus on improving communication skills,



developing confidence, encouraging creativity through theatre, folk tales, folk dance, crafts and music.

The centre has facilities for an outdoor play area, board games, children's library at the centre.

The camp has two batches. The first batch for two weeks is starting on March 17. The second batch for one week is starting on March 24. Age groups: 4-7 years and 8-12 years.

Contact Wordly Wise at 4, Landons Road, Kilpauk, Behind Ega Theatre. Phone: 9884052220, 26413114

Just Fun Camp

From March 17 to 28, 2014

Kids Holiday Camps, Shenoy Nagar is hosting a camp for children of 3 to 7

years.

Fun filled holidays with lots of Music, Dance, Games, Role Play, Storytelling, Puppets, crafts, drawing and painting. Fee: Rs.3000/-

Contact: Geetanjali 87545 03323



Fun camps

Start on any date from March 17



Hansel &
Gretel is
holding
summer
camps for
children in
three age

groups.

Junior Campers (3-6yrs): Activities include Dance, Story time, Craft, Creative workshop, Etiquette, Fireless cooking, Puzzles, Games.

Senior Campers (7-12 yrs): Activities include Puppet show (Prepare and show n tell), Public speaking, Brain Teasers, Community service projects, Fireless cooking, Creative workshop, Dance, Act it out.

Pre teens and Teens (10-18 yrs): Two advance workshops.

- 1. Advance Painting, a 20hr workshop such as Pithora on Hand made paper, Madhubani on cushion covers, Gond Art (Tribal art from Madhya pradesh)
- 2. Personality Development, a 10hr workshop with topics Positive attitude, Behavioral skills, Public speaking, Anger and stress management, dealing with peer pressure

Contact Hansel & Gretel on phone nos: 43533073/9840431549

Art & Craft camp

From March 17, 2014 onwards

Mamta Creations, Kandanchavadi, Perungudi conducts summer camps and



for children and adults. Workshops for children include

workshops

for children include drawing, painting, eco art, t-shirt

painting, chocolate and candle making, folk art, textile designing, paper craft, clay modelling and fireless cooking.

For adults, 3D oil and acrylic painting, cold glass mural, statues, aari and zardosi work, baking, Thai flowers, mehendi, cooking.

For details, 98407-24819 or visit www.mamtacreations.com

Holiday Music

From March 22 to May 9

Bougainvilla, Centre for Music, Arts and Culture, will conduct a music camp this summer. Vocal music and instrumental music will be taught.

Playback singing, bhajans, Carnatic and western music and an advanced level voice training

professional singing and voice acting for story telling are part of the course.



In instrumental music, playing piano, electronic keyboard synthesizer and guitar will be taught.

Contact Bougainvilla at 7 /4-1, Besant Road, Royapettah.

Phone: 93451 41234, 93829 41234

Spark Summer Camps

March 31, 2014 onwards



Fundamental Physics, Introductory Chemistry & Challenger Maths are week long

camps for students entering Class 6-8.

The Fundamental Physics camp introduces students to the scientific method followed by Physicists. In Introductory Chemistry, participants will conduct experiments to understand basics of Chemistry. The Challenger Maths camp is for 'gifted' students to enhance and hone their logical thinking and problem solving skills.

The camps are offered in the evening (4pm-6pm) from March 31- April 11. and as Day Camps (10am-12pm) from April 14 - May 2. Each camp is limited to 15 participants. For registration & fee details, visit www.iiteach.in/spark-science-club.

Fun learning camps

From April 1, 2014 onwards

Active Kids @ Vijai's Nest, Mandaveli is conducting a SummerCamp for children of ages 2 to 15 yrs in four



batches, the first begins on April 1, 2014.

For kids aged between 2 & 5 the programme includes Speech development, Reading, Handwriting (English & Tamil), Maths, Sloga, Moral Values, Oral Teachings, Story Telling, Fun with Dance Etc.

Planning to host Summer Camps for children?



Advertise online and in this ePaper



EXCLUSIVE SECTION AT

http://yocee.in/ summer-camps/

Updated daily

Call +91 9840544629

For children of ages between 5 & 8 the programme includes Moral Values, Reading, and writing (English, Tamil), Sloka, Maths ,introduction to Abacus & Karate, Fun with Dance.

For the older children of ages between 8 & 15, Moral Values, Reading, Handwriting (English, Tamil), Sloka, Introduction to Abacus, Karate, Key Board, Robotics and Tanjore Painting will be part of the camp

Contact Shanthi Vijayan on 9840075462, 9840767004.

Email activekids58@gmail.com

SPECIAL SECTION

For the differently abled and special children

Chennai has a lot of facilities and learning places for special children. YOCee brings you the information on major institutes & centres that offer care and learning facilities.

Compiled by Team YOCee

ABHIRAMAPURAM

Down Syndrome Federation of India

2, Madanagopal Street Phone: 24986824, 4211 2249

1/1. 1st Street, Abhiramapuram Phone: 24939916

ADYAR

RASA

Aathichudy Special School

25/10A, 3rd Main Road, Kasturba

Nagar Phone: 2726 4422, 9444366435

Bala Vidyalaya

The School for young deaf children 18, 1st Cross Street, Sastri Nagar Phone: 2491 7199

St. Louis School for the Deaf and the Blind

Canal bank Road, Gandhinagar Phone: 24910886, 24917556

AMBATTUR

Hope Special School

6-B/26, Sarangapani Street, Krishnapuram

Phone: 26586066, 9841330330

ANNA NAGAR

Sankalp - The Open School

Plot No. 1587, 6th Avenue, Anna Nagar (West) Phone: 2618 2588, 4273 2947

CHOOLAIMEDU

Sri Lalitha Learning Centre

12, 2nd Street, Athreyapuram Phone: 24723256

EGMORE

Asha School

37, Poonamallee High Road Phone: 25612196

KILPAUK

Bala Vihar School

10, Halls Road

Phone: 26644933, 9444888528

Deepam Special School

1, Dharmaraja Koil Street, Kilpauk

Phone: 26447474, 9940196393

KOTTURPURAM

Vidya Sagar (Formerly The Spastics Society)

1, Ranjith Road Phone: 24832026

MYLAPORE

Clarke School For the Deaf

3, 3rd St., Dr, Radhakrishnan Salai

Phone: 28475422

CSI School for the Deaf

2/160, Santhome High Road Phone: 24985675

Preetha Rangaswamy

(Private sessions)

B2, Gayathri Apts, 27, Warren Road

Phone: 9444381298

Gowrin Special School

8/3 Dooming Lane, Santhome High

Phone: 24611875, 9840286875

PERAMBUR

KRM school for special children

10, Bharathi Road 2nd Street Phone:

PORUR

Sathyalok School for Special Children

2/1, Chettiar Agaram Road Phone: 24766430

R.A. PURAM / MANDAVELI

Aikya

7, Bhagirathi Street

Phone: 24612668, 9840057975

BBV Centre for **Slow Learning Children**

54/27, 54/27, West Circular Road,

Phone: 944495321

V-Excel Educational Trust

No.1 Norton 2nd Street, Mandaveli Phone: 24956373, 24620243

T. NAGAR

Little Flower Convent

127, G.N. Chetty Road Phone: 28265739

Madhuram Narayanan Centre for

Exceptional Children

1, Giriappa Road Phone: 28151840

TEYNAMPET

Saraswathi Kendra Learning Centre

C.P. Ramaswamy Iyer Foundation, 1, Eldams Road phone: 24353176

TIRUVANMIYUR

Pathway

E 76/1. 12th West Street, Kamaraj

Nagar

Phone: 9840084988

Swabodhini School for **Special Children**

21, Rajagopalan 2nd Street, 1st Seaward Road, Valmiki Nagar Phone: 24452485, 4304 2487

TIRUVOTTIYUR

Anbalaya Special School

67/4/6, Village Street Phone: 2573 2280

VIRUGAMBAKKAM

DS Special Children Welfare Association

Saraswathi Vihar, Plot no. 4, Door no.2, Annamalai Colony Phone: 23760640, 9444013541

AT VARIOUS LOCATIONS

Maithree Special School

Contact: 4, 2nd Cross Street, Ganga

Nagar, Kodambakkam Phone: 24832026



ADVERTISE YOUR PLAY SCHOOL / **AFTER SCHOOL IN THIS SPACE** FOR JUST Rs. 500

CONTACT US - vocee.in@gmail.com Phone: +91 98405 44629



Get your photos, artwork published

in



Email photo or a scanned copy of the artwork to

editor@yocee.in

Your city Your Photos

- Love to take pictures when you go around Chennai?
- Want to publish them here?
- ♦ Mail the pictures with captions to:

editor@yocee.in

E-PAPER YOCee

For a perfect eye-sight





For those who want to get rid of their glasses here is a place to check out.

Head to Aurobindo ashram in Pondichery. You will undergo a series of treatments which strengthens your eye muscles. It is a seven day course and is done as a service by the ashram.

Anyone in the age group of 7 to 40 years can benefit from this course. What more? May and December are exclusively for children. Once the seven-day course is over it is the patient's duty to do it meticulously everyday at home.

The clinic is at Lally Tolendal street

Pondicherry. Near old distillery on the beach road.

The clinic works from 8 to 11 am and 3 to 5 pm.

The person who wants to undergo the course should go to the clinic for a week, with the glasses and the doctor's prescription, and a lawn tennis ball!

You will need to take an appointment for the eye exercises. You can do so by sending email to:

auroeyesight@yahoo.com

Monday is weekly holiday. Govt holidays and Ashram Darshan days are also holidays.

So, is perfect eye-sight your summer holiday wish? Pack up to Pondicherry!

Visit: http://www.motherandsriaurobindo.org Go to >> The Ashram > Departments > School For Perfect Eyesight



Half of young

enough sleep"

TEENAGERS need nine hours of sleep each night to work properly the next day, according to researchers.

But results from a new survey suggest that less than half of young people manage to get that much rest.

Jane Ansell, founder of the Sleep Scotland charity, quizzed pupils at three schools in the country. She found that 1 in 5 students fell asleep in class at least once a fortnight.

Ansell also discovered that 52% of the young people she met didn't get nine hours sleep.

"We have probably not understood how important sleep is," she said. "It affects your growth. If you don't have enough sleep, your short term memory doesn't [add to] your long term memory, which is going to affect your school grades."

>> Source: First News

Short Takes

Surfing and water sports on the Marina

Tamil Nadu Tourism Development Corporation (TTDC) have conceived an idea of a marina similar to the one in Kochi. The 30-acre piece of land on the Marina beach proposed for this project will emerge as a centre of adventure water sports for the city.

The place will be a berthing place for small ships and yachts. Regattas and other water sports such as sailing competitions may also be held. And, imagine there may even be some smaller ships making trips to Mamallapuram and Pondicherry!

As of now, adventure sports offered on Island Grounds like reverse bungee jumping, rock wall climbing, paint ball, dart board, net cricket, grease pole climbing, squad bike and archery have been stopped. Also the Para-sailing and water skiing at Mudaliarkuppam are also

suspended for the time being.

Now in the new venture, TTDC is planning to launch adventure sports such as hot air ballooning, water-kite flying and scuba diving in due course. Wait for

Poet Thiruvalluvar in procession with Saiva saints

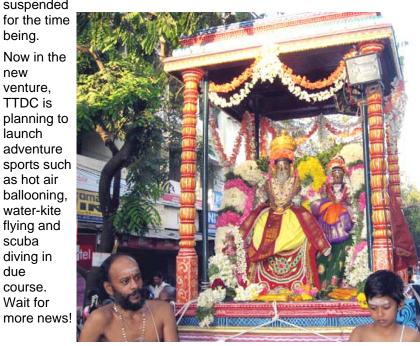
The grand 10 days Panguni festival in Chennai temples like the Mylapore Kapaleeswara temple and Tiruvanmiyur Marindeeswara temple were held last week.

In the Arubathumoovar festival where the idols of the 63 Saiva saints are taken in procession along with the God and Goddess in the street around the temple. The idols from the neighbourhood temples also join the grand procession.

Mylapore has a temple for the poet Thiruvallur hidden inside a street close to the Madras Sanskrit College. The 'deities' of this temple—Thiruvalluvar and his

> consort Vasuki, also join the procession.

Here is a picture of the poet and Vasuki!





people

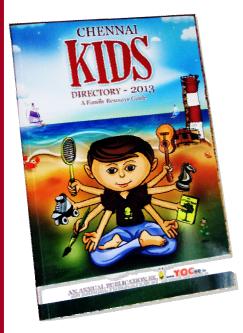
"don't get

JOIN YOCee FACEBOOK COMMUNITY

Get alerts & info on contests, events for kids in Chennai

https://www.facebook.com/yocee.in

All new updated



Chennai Kids Directory 2014 Edition

ADVERTISEMENT BOOKINGS **NOW OPEN!**

Contact: deepa@yocee.in Phone: +91 9840544629

E PAPER

EVERY ALIERNATE SUNDAY

NEXT ISSUE WILL BE PUBLISHED ON

March 30, 2014

Read archives at www.yocee.in

State-of-the-art football ground for slum kids

The slum children of Vyasarpadi has a reason to rejoice. The Chennai Corporation has recently upgraded the playground in Mullai Nagar and equipped it with floodlights and dressing rooms.

The playground is now a five-a-side one, which will throw a new experience to the children playing in the ground.

Slum Children Sports Talent Education Development Society in Vyasarpadi trains slum kids in Soccer and these children participate in national and international tournaments. They feel that the new turf would improve the

skills of football aspirants in areas around Vyasarpadi.

Chennai Corporation is also planning to improve the facilities of another playground at Samandhipoo Colony in Vyasarpadi.

>> Is a park or a playground in your neighbourhood gets new facilities? Share the pics and info with YOCee. Mail a short note to editor@yocee.in

Love pets? Adopt one!

Blue Cross is conducting a Pet Adoption Drive for homeless puppies, kittens and adult pedigree dogs on March 16, 2014.

This drive titled Adopt-a-thon,

This drive titled Adopt-a-thon, aims at creating awareness among the public to adopt abandoned dogs and cats and give them homes.

All adoptions are free of cost.

Venue: 72, Velachery main Road, Guindy. From 1 p.m. to 5 p.m.

Contact 99529 91961, 95000 47536







+91 98405 44629



We build families for children in need Many children need your support to have second opprtunity in life.

Join SOS Children's village in this mission



Do it online

at

http://www.soschildrensvillages.in