



## Spare the trees

By Vasudha Mishra, Student Reporter

A small group of like minded people joined hands recently to make a difference to the environment.

On Oct. 11, at 7 in the morning, armed with the necessary tools, a team which included kids, teens, college-goers, adults and even senior citizens, took to the job of clearing ad boards off the trees on the PSBB School road in K.K.Nagar. As the place chosen was the dropping point for PSBB School kids, each tree had at least 5 to 10 boards and 30 to 40 nails on them.

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## From the editorial desk



Hi young friends!

November is special for children across India. And for

YOce too. It's anniversary time!

On a monsoon evening in November 2006, www.yocee.in was launched. Not on stage with a long and boring speech of a chief guest, but on the Internet, quietly with the young people who contributed to the colours and design of the website logged on from their home computers.

When the website was up, there was smile on everyone's faces and it was expressed through mails and messages that said "Wow" and a lot smilies were received at the email address editor@yocee.in

In the following April, YOce launched a Student Reporters programme. Signed up voluntarily, the kid reporters train on the job and file their reports regularly. All that you read on the website www.yocee.in are

contributions by these young reporters.

The print newsletter came in to be published from November 2007, on the first anniversary, as a quarterly publication in 4 pages.

What you have now on your hands today is the three year old baby, grown in 'size' and 'intelligence'!

YOce wishes to thank all its readers, subscribers to newsletters, well-wishers and above all, the young reporters who keep the website buzzing every day.

And it is nice see the parents and the teachers who encourage these young people to take up something other than their text books and exams!

Into the fourth year, we continue to look forward to support from all of you.

**Revathi**  
**Editor**

*Do share this newsletter with your friends.  
They too would love to read as you do!*

# Contest for You

## Young Writers Contest

This is for those interested in writing. Young Writers Contest hosted by Vidya Help invites students from Class 5 to 10 to participate in the contest. The contest is divided into three age groups.

Every entry submitted for the contest will receive a feedback report . There are prizes for best entries.

For more details, visit <http://vidyahelp.in/young-writers-contest>

Or call 99529 69922 / 98409 33205.

## Check this event



Keyboard master M.S. Martin who teaches Carnatic music in keyboard is conducting a symphony with 100 of his disciples on November 29, 2009 in Narada Gana Sabha. Check this grand event!

**T reach YOce**



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# The concert that rocked Chennai

By Sanjana Sridhar, Student reporter

The stereos boomed in-sync with the thumping hearts of the onlookers. The stage filled with hazy mist and A.R.Rahman rose up to the stage from below, as if by magic. Everyone held their breath. And then Rahman sang with a deep and strong voice, *Jaagen hain der tak....* The crowd peeled into a roar. This was Rahman's concert.

Held in Marg Swarnabhoomi on the ECR, on Oct. 11, the concert, was a smash hit of no boundaries. This was a thriller concert for all in Chennai. More than 70,000 people didn't mind travelling the long distance to the concert.

Rahman started with *Jagen hain* from Guru, and ended with his all-time classic *Vande Mataram*. There were many well known singers and background singers accompanying Rahman. Some of them were: Blaaze, Sadhna Sargam, Javed Ali, Neeti Mohan, Rasheed Ali, Benny Dayal and drummer Sivamani.

A few of the songs Rahman performed were: *Thamizha Thamizha* from Roja, *Kabhi Kabhi Aditi* from *Jaane Tu Ya Jaane Na*, most of the Jodhaa-Akbar track, *Khalbali* from Rang De Basanti, *Athiradi* from Sivaji, *Rehna Tu* from Dilli 6, *Humma Humma* from Bombay, *Dil Se*, and more. Rahman sang his Oscar-winning score *Jai ho* too. The range of songs was huge. As usual Rahman rocked the stage and the audience loved it.

There were songs to make you jump and whoop and songs to make you sit down and close your eyes. When Rahman sang *Vande Matharam* in the end, the feeling of patriotism filled your heart completely.

--- If you too take a break from studies and enjoy events, do mail us your experience. If you click photos, don't forget to attach them to your report.  
Email to : [editor@yocee.in](mailto:editor@yocee.in) ---

This newsletter is available  
for free pick-up at these places.  
Tell your friends too!



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- Bookworm's Library, 334/B, Lakshmanasamy Salai, Near PSBB School, K. K. Nagar. Ph: 2489 9779

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#### ROYAPETTAH:

- The Madras Terrace House, 15, Sripuram II Street, Royapettah. Ph: 2811 0259

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- Tooth Fairy, Clinic for li'l teeth, 4/11, Vidyodaya 1st Cross Street, T.Nagar. Ph: 2834 4778

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# Culturally rich

By Juhi Gaulechha, Student reporter



Anna Adarsh  
Mat. Hr. Sec.  
School celebrated  
the annual cultural  
day on Oct. 23.  
This  
celebration  
'VIDHYOUTH'

brought in most schools from Anna Nagar - J.G.V.V,  
Velammal, Agarwal Vidyalaya and and to their school.

The guests of honour for the day were Nikhil Mathew,  
Anita (play back singers) and Brinda Das, TV and film  
personality and the Chief Guest was Mr. Tirupur krishnan.

The celebration began with lighting of Kuthuvilaku,  
then a prayer song by students of XI, followed by an  
invocation song by primary students. The Vice-Principal  
of the school Mrs. Kala Ravi Chandran welcomed the  
gathering.

There were  
many dance  
performances by  
the students and  
many off- stage  
competitions such  
as Mehendi, Hair  
dessining, rangoli.

The SPL Jannes Thomas, played the host for the function.

The guests Anita and Nikhil Mathew (Airtel super  
singer) also entertained the audience.

Afternoon session was started at 3 pm. Our guests of  
honour were Ravi and Swarnamalya and Chief Guest was  
Aadhvan, actor. There was a Patriotic Dance and a host  
performance by 12th std. students.

When the time came to announce the result, the  
school which got the Championship trophy was Velammal  
School, Krishna Nagar!



## Spare the trees

The event was spearheaded by Kasiraman,  
the local area co-ordinator of Nizhal, an NGO  
that creates awareness among people to protect,  
plant and nurture trees. Nizhal members in and  
around KK Nagar initiated this first on-field  
activity in this part of the city.

Free the Trees Campaign motivators - Tejas  
and Mohan Ram began the 'action'. Till then,  
the Nizhal members could not arrange for a ladder. But two

determined women, Binita Shashi and Soundararani, active  
participants of the campaign, knocked a couple of doors and  
managed to get a 10 feet tall ladder.

The youth wing got busy plucking nails, collecting the  
removed nails, pasting turmeric on holes and cleaning up the  
removed ad boards. they were assisted by the elders -  
Srimathy and Sethu Sundaram. Though it was just a 20 people  
team, within an hour and a half, the trees on a good section  
of the road were releived of the boards and nails.

M. Mrithula, a class IV student at PSBB (KKN) said  
that it was great fun to be a part of this campaign and she  
was happy to contribute towards the betterment of the  
environment.

E. Swedhaa Sri , a class VII student, also from PSBB  
(KKN) said, "I got to know about this campaign from my  
friend who lives in Mr. Kasiraman's flat. Since I care about



my environment, I  
decided to join the  
campaign."

The members also  
decided to contact the  
organisations that had  
put up the boards and  
make them aware that  
such acts affect the  
growth of the trees.

The group dispersed with a commitment to get back very  
soon to do more for the trees.

Nizhal's area co-ordinator Kasiraman can be reached at  
93812 84722

## YOcee Blog

News beyond Chennai!

Links to online articles for kids!

Fun ideas and suggestions from the  
world of kids!

Visit - [www.yocce.in/blog](http://www.yocce.in/blog)

# A date with nature

By P. S. Nandini, Student reporter

Cool breeze, very little sunshine, and a slight drizzle...

This was the climate in Wayanad throughout the days of our trip.

Our school, Sir Sivaswami Kalalaya, took the students of class 8 on an excursion to Wayanad in Kerala. We started this exciting journey on Sep. 30 and came back on Oct. 4.

We reached Wayanad after a long train journey to Kozhikode and a bus journey. But enjoyed the singing and dancing during the travel.

Our first trip out was to Edakal Caves.

The bus stopped at a particular place and from then we walked to the hill top where the cave is situated.

We were informed that this cave was formed 30,000 years ago when an earthquake had made a part of the mountain top fall and form a cave like structure. A huge boulder weighing several tons is stuck between three other stones. Therefore the cave gets the name 'Edakal' which means 'stone in between'.

We then proceeded to Wayanad Wildlife Sanctuary.



We went into the forest in teams by several jeeps and some of us

spotted deer, a peacock, tiger footprints, etc.

The next day we went to Soochipara falls where no one is allowed to bathe because of the force with which the water comes down.

We also went to Banasur dam. We had to walk a lot here too. But we had been walking on the

dam!

On the third day of our excursion, we went to Pooket Lake. But as it was raining too heavily the authorities had cancelled boating. So we continued our journey and passed the chain tree on our way.

We reached the railway station and boarded the train back home carrying our memories from Wayanad where we had played and enjoyed with nature.

Back in school, our tales have made even our classmates who didn't come for the excursion wish that they had.

--- Read the full story with more photos at <http://yocee.in/schoolbuzz.php> ---



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# Milky way experience

*By Nivasini Anand, Student reporter*

The students of class VII of the PSBB Millennium school, on the 22nd of October, 2009 were taken on an

educational trip to Hatsun Agro (Pvt.) Ltd. Dairy situated in Kancheepuram.

As soon as the students entered into the milky world, they were marvelled by the environment. Plants were grown almost everywhere. And the place was kept very neat and tidy.

The students were given a short introduction about the factory, which was the creator of the popular Arun icecream and Arokya milk. Apart from the factory, the students also learnt about the Hatsun dairy farms which they visited later that day.

About 5000 employees work for the factory which works 24x7. An amazing amount of 16.5 lakh litres of milk is produced in the factory every day! The farm also exports powder milk. Some other products prepared at the factory were toned milk, paneer, curd, ghee, butter, butter-milk.

After the introduction, the students were set ready for the real surprises that awaited them. They first were given some clothes of safety before entering the mechanical part of the milky world.

As they passed, they caught a glimpse of silos which were large tanks where milk was stored. Some silos stored raw milk and others stored processed milk.

The raw milk obtained directly from the cows contains Protein, Carbohydrates, fat, water, calcium and bacteria. First the raw milk is sent to the pasteurizer for pasteurization. In the process of pasteurization, germs are killed. Then the milk is sent to a machine called Bactofuge

where the dead germs are removed. Now the milk is germ free, but the fat content is not spread evenly. So the

milk is sent to homogenizers, after which all areas of the milk have the same amount of fat. Once the milk is processed it is stored in cold storage

rooms.

The next stop was the place where butter and ghee was being made.

Later the students saw how milk powder was being made.

The factory has a unique effluent treatment plant. The waste water produced by the factory was recycled and then used for gardening.

The students were filled with knowledge about milk production by the end of the trip. Before leaving, each student was treated with an ice-cream!



--- Read the complete experience at <http://yocee.in/schoolbuzz.php> --

## Youth and United Nations

*By Chethana Venkataraghavan, Student reporter*

This October 24th, while most of us were busy gobbling up diwali sweets, someone very important celebrated their birthday. It is the United Nations and October 24th is UN day.



Formed after the second world war, the importance of the United Nations is not something that can be discussed at one shot.

### UN and namma Chennai

The people linking UN and Chennai are not 50 year old delegates or politicians of Harvard trained UN specialists. They are all high school students who have taken an active interest in foreign relations and started the MUNs or the Model United Nations in their schools. These MUNs take place all over the world and in India.

In Chennai, the major schools hosting these MUN'S are Sri Sankara Senior secondary School which hosts the SANMUN, Sishya who host the SISHMUN and one conducted by the American International School.

The general assemblies are to watch out for... and hey! beware! don't poke fun at your moderator or the sec gen (secretary general) or go against your foreign policy or you will be suspended!

Remember, UNited we stand, divided we fall. Now let's be proud of this organisation and sign up for the next MUN.

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# Swami and Friends on stage

Adapted by Manasi Subramaniam and directed by Aruna Ganesh Ram of Landing stage, this play has many firsts to its credit – this was the author - R. K. Narayan's first novel, the first time the author's work has been adapted on stage and the first time The Madras Players and Landing Stage had worked together.

The story is about Swami and his two best friends Rajam and Mani. Their life consists of fun, adventure and MCC(Malgudi Cricket Club). The audience were kept involved in the play by the cast and the crew that an hour and 40 minutes just whizzed by.

-- Shruthi Sailesh

This play made the audience feel like they were in Malgudi, standing before the river Sarayu, and sitting in the classroom of Albert Mission High School.

The play, a combined effort of Madras players and Landing Stage attracted the attention of the audience the moment it started. Those little jokes and the innocent air put on by the actors sent the audience into peals of laughter, made them

An adaptation of R. K. Narayan's popular work 'Swami and Friends' was presented as a play recently in Chennai. Two wellknown theatre groups, Landing Stage and The Madras Players came together to present the play, which was held on Oct. 9, 10 and 11 at Sivagami Pethachi Auditorium in Mylapore.

Two of YOcee's student reporters express their experience at the play..



clap their hand and a whistle or two could be heard.

The actors really surpassed themselves. The meekness and innocence of swami, the 'I am the strongest' act by mani throughout the play and the 'know it all' air by Rajam. (respectively Ujwal Nair, Shyam Sundar and Ajay kumar) was so genuine.

The actors also include P.C Ramakrishna as the cart man, Mohamed Yousuf as the history teacher and principal of the board high school, Shankar Sundram as Mr.Ebony and the meeting spokesperson; TT Srinath as the policeman and played many other roles and Sushila Natrajan as Swami's grandmother.

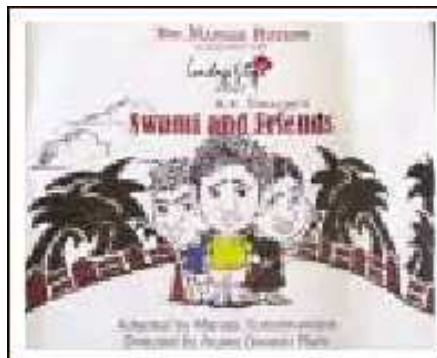
The play ran without

stopping. Even the rearranging of the scenes was made like a part of it. The curtain was not at all used. There

were entrances from the audience side. Both the beginning and the end used the aisle between the seats.

The house was full for the performance. It was a mixture of young adults, kids who had come with their parents and some even their grandparents!

--Kritajnya Raghunathan



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# Learning the life skills outdoors

By Sania Surana, Student reporter

Making new friends, learning to work together, time management, loving what you are doing, compromising,

adjusting. These were all a part of the International Award for Young People (IAYP) Trip organised by PSBB School for the tenth standard students.

This year, the tenth graders were taken to Hospet and Hampi, to see and learn from history. The students left Chennai on Sep.18, right after their quarterly exams with a lot of enthusiasm.

After almost 16 hours of travel by a chair car, then a sleeper train and a bus, we

checked in our comfortable hotel rooms by 6 am on the 19th.

Pattadakal, Badami and Aihole were the tourist spots we visited on Saturday owing to the fact that we couldn't cycle after a long and tiring train journey.

All set for an adventurous Sunday, we were split into six groups of 14 and given some money, which would take care of the expenses of the group for public transport and other fees that we had to pay in the course of the next two days.

From our hotel, which was in Kamalapur, Hospet, we were asked to hire public transport to reach Hampi



bazaar, 4 kms away.

There started the most enjoyable part of our lovely trip - the cycling! The teams

rented cycles and inwardly vowed to stay and the help the other members even though the members were a mixture of students from all other divisions.

After taking instructions and directions from our IAYP coordinators, Mr. Nath and Mrs. Nina, we set off to explore the ruins of Hampi.

On the first day of our cycling, we visited a number of temples, now monuments - Krishna Temple, Channa

Ganesha Temple, Uraga Narasimha, were a few we saw, drinking tender coconuts on the way, to keep ourselves cool from the summer heat.

At the end of the day, we had cycled about 7kms, from the hotel and back. The next day was even more demanding; we cycled 9 kms, over uneven roads, with puddles all over due to the rains the night before, all to visit the famous Vittal Temple.

--- Read the interesting tales of how 15 students squeezed themselves into one share auto and got back after returning the hired bicycles

On <http://yocee.in/schoolbuzz.php> ---

## Students teach students

By P. S. Nandini, Student reporter

Yes! Students of class 8 from Sir Sivaswami Kalalaya, Mylapore are helping the junior students of Karpagavalli Vidyalaya, Mangollai in Mylapore, by teaching them after school hours everyday.

Students from classes 1 to 5 of Karpagavalli Vidyalaya attend these classes everyday. The Kalalaya students immensely enjoy these sessions. They teach English, Tamil and Maths.

Manasa, one of the student volunteers from Sir Sivaswamy Kalalaya feels that the learners were very affectionate and lovable. She says that some are fast paced in learning while others are not even sure of the alphabets.

Deenshika, another student volunteer feels that this is a very good idea and says that some schools in Mumbai too are helping neighboring school children with their studies.



She says, "Instead of wasting our free time in front of the television, we can at least help these children and bring in a change in their future. We are only spending 5 hours a week for this. And I have definitely improved my Tamil skills by teaching these students". Sonaa says that she can definitely see improvement in the children's English pronunciations soon.

The students are given light snacks while they teach. The teachers of Karpagavalli Vidyalaya too assist the volunteer on what to teach their students.

A few more people from the neighbourhood are also teaching the students in this school during working hours.

If you too want to help, contact Karpagavalli Vidyalaya, Mangollai, Mylapore. Phone: 2495 8726



# ROLL OF HONOUR

On the occasion of the third anniversary, YOCee sends out BEST WISHES to its student reporters who have voluntarily enrolled for the programme and are enthusiastically training in reporting and writing.

Featured here are the profiles of regular contributors. You can view all the profiles of our young reporters at <http://yocee.in/studentreporters.php>

## P. S. Nandini

Nandini joined the YOCee team as a Student Reporter for the year 2007-08. She continues to report since then.

A student of Sir Sivaswamy Kalalaya, Mylapore, Nandini loves to draw, paint and create craft models and participates in all the competitions in her areas of interest and has won many prizes.

Read all her reports from this weblink - <http://www.yocee.in/profile.php?id=1>

## S. Sruti

Joined the Student Reporter programme of YOCee in the year 2007-08, Sruti reports regularly.

A student of P. S. Senior Secondary School, Mylapore, Sruti has a nose for news. She is part of many science activities and camps. Quick in action, Sruti loves to write and hosts a few shows on the radio.

Go here online to read all her reports for YOCee - <http://www.yocee.in/profile.php?id=2>

## Chethana Venkataraghavan

Student Reporter for YOCee from the year 2007-08, Chethana is brisk and enthusiastic and always ready for assignments..

A student of Padma Seshadri Bal Bhavan Senior Secondary School, K. K. Nagar, Chethana, has a taste for arts, designs and classical music.

Want to read her reports? See - <http://www.yocee.in/profile.php?id=3>

## Pallavi Balakrishnan

Pallavi enrolled for the Student Reporter of YOCee in 2007-08 and continues to report since then.

A student at Sishya, Adyar, Pallavi is committed and ready to go out to gather info and report.

Find all that she has contributed for YOCee on this link - <http://www.yocee.in/profile.php?id=5>

## Saniya Surana

Saniya joined the Team YOCee as Student Reporter for the year 2007 - 08 and continues to report with the same enthusiasm of her first year of writing.

Saniya is a student of Padma Seshadri Bal Bhavan, Nungambakkam branch. She has a concern for the world around her.

She writes on her blog - <http://aspireblog.wordpress.com>

Read all her reports here - <http://www.yocee.in/profile.php?id=12>

## Poornima V

Poornima joined the student reporter programme in 2007-08. She now studies at Besant Arundale Senior Sec. School and continues to be a student reporter.

Apart from music and writing, she also looks for opportunities to volunteer for social services.

Here are her writings for YOCee - <http://www.yocee.in/profile.php?id=18>



## Sanjana Chakraborty

Student Reporter of YOCee since 2007 - 08, Sanjana schools at Chettinad Vidyashram, R. A. Puram.

She likes to look around, read fictions and watch plays. She is alert and prompt when it comes to reporting and writing.

Find her reports for YOCee here - <http://www.yocee.in/profile.php?id=20>

## Sheba Samuel

Sheba joined as Student Reporter of YOCee for the year 2007 - 08.

Sheba schools at St. John's English School and Junior College Besant Nagar. She reads a lot of books and loves quizzing apart from writing.

Here is the link to read Sheba's reports - <http://www.yocee.in/profile.php?id=22>

## J. Anirudh

Student Reporter of YOCee since year 2007-08, Anirudh reports occasionally now since he is in his decisive academic year.

Anirudh, a student of Sri Sankara Senior Secondary School, Adyar is cool and quiet. He loves to read many books and a talented artist too.

His reports can be read here - <http://www.yocee.in/profile.php?id=24>

## Nivasini Anand

Nivasini studies at The PSBB Millennium School, St. Thomas Mount and a Student Reporter of YOCee since 2008-09.

Prompt at reporting from her school with loads of pictures, she enjoys reading fiction. Interested in writing and reporting, she writes stories too at her free time!

Nivasini's reports are at <http://www.yocee.in/profile.php?id=25>

Ishan has been a Student Reporter at YOCee from 2008 - 09.

A student of Bala Vidya Mandir, Adyar, Ishan keeps his eyes and ears open to news around him and carries out his assignments perfectly.

Ishan enjoys listening to music, likes acting, writing and cartooning. He loves Football and plays for his school team.

Read Ishan's reports for YOCee here - <http://www.yocee.in/profile.php?id=26>

## Raman Sathiapalan

Raman has been a Student Reporter at YOCee from 2008-09. A student of Vidya Mandir, Mylapore he loves to write a lot.

He blogs at

[www.ramanscribbles.blogspot.com](http://www.ramanscribbles.blogspot.com)

And his reports are here - <http://www.yocee.in/profile.php?id=28>



## ROLL OF HONOUR

### Ankita D Souza

Athletic, full of life, and very sporty that's Ankita. Studying in Lady Andal Venkatasubba Rao School in Chetpet, she has been a Student reporter for YOCEE from 2008 - 09.

She is an ace basketball player and is also a nature lover. She also plays the piano.

And see what she has reported for YOCEE - <http://www.yocce.in/profile.php?id=31>



### Adithyan R

A student of Sethu Bhaskara Matric. Hr. Sec. School, Ambattur, Adithyan is an avid Chess player. He has been a student reporter at YOCEE since 2008-09.

He also plays Cricket and Shuttle Badminton. His long term goal is to become a film director and he shoots short films with his friends even now!

Read Adithyan's contribution to YOCEE here - <http://www.yocce.in/profile.php?id=33>



### Vasudha Mishra

A student of Padma Seshadri Bal Bhavan, K. K. Nagar, Vasudha loves to write. Her entry was one among the chosen ones for publication among the entries for Scholastic Young Author contest 2008 and 2009. A Harlicks Whiz kid representing Chennai, Vasudha participates in projects relating to Child Rights Awareness. She aims to become a cardiologist.

Vasudha has been reporting for YOCEE as a student reporter from 2008-09 and all her reports are here - <http://www.yocce.in/profile.php?id=38>



### Sahanaa Lakshminarayanan

Sahanaa joined the Student reporters' team of YOCEE this year.

A reporter who is keen to ask for assignments during all the weekends, young Sahanaa studies at Ranga Nursery and Primary School. She loves storytelling and is an artist too.

Read Sahanaa's reports here - <http://www.yocce.in/profile.php?id=39>



### Manasvini Mukund

Manasvini joined the Student Reporter programme of YOCEE this year.

A student of P. S. Senior Secondary School, Mylapore, Manasvini is a member of the debate, public speaking and oratory club of her school.

Just began reporting this year, her contribution is here - <http://www.yocce.in/profile.php?id=40>



### A. Lavanya

Lavanya joined the band of student reporters of YOCEE this year.

A student of Rosary Matric Hr. Secondary School, Santhome, Lavanya loves singing and likes dance and cultural programmes. She is also a follower of sports activities at state and national level.

Regular in reporting, you can find Lavanya's reports here - <http://www.yocce.in/profile.php?id=41>



### Sanjana Patnaik

Another new team member of YOCEE's student reporters, Sanjana goes to Bala Vidya Mandir, Adyar. Passionate about writing, Sanjana also loves to read a lot.

Here are Sanjana's reports - <http://www.yocce.in/profile.php?id=43>



### Sanjana Sridhar

Sanjana is a student at the Hindu Senior Secondary School, Indira Nagar joined the team of YOCEE's reporters this year.

Just not reporting, Sanjana also loves writing fictional pieces using her imagination.

Read her reports here - <http://www.yocce.in/profile.php?id=44>



### Shrishti Susan Mathew

Keen about writing, Shrishti enrolled into the Student Reporters programme this year.

Shrishti is a student at Abacus Montessori School, Perungudi. She is interested in reporting on events for kids, happenings in and around Chennai.

Find her reports here - <http://www.yocce.in/profile.php?id=45>



### Eashwar Sriram

Eashwar is a student at M.C.T.M Chidambaram Chettiyar Higher Sec. School and began reporting for YOCEE this year.

He loves reading books and also loves to write. He wishes to fly in space and look at the earth from the moon some day!

But his contribution to YOCEE is right here - <http://www.yocce.in/profile.php?id=46>



### M. Bharath

Bharath is a student of the Hindu Senior Secondary School, Indira Nagar and has become a team member of YOCEE's reporters this year.

Read Bharath's reports here - <http://www.yocce.in/profile.php?id=47>



### Shruthi Sailesh

Shruthi schools at Harishree Vidyalayam and joined the student reporters programme at YOCEE this year.

She wants to create awareness about global warming and nature awareness among young people. She learns Bharathanatyam too.

Read Shruthi's reports here - <http://www.yocce.in/profile.php?id=48>



### Varsha GUV

A student of Prince Matric Hr. Sec. School, Nanganallur, Varsha is keen to write and joined the YOCEE's reporters programme this year.

You can find her contribution to YOCEE here - <http://www.yocce.in/profile.php?id=49>



### Madhumathy C

Madhumathy is a student of Sri Sankara Vidyashram Matric. Hr. Sec. School, Thiruvannamiyur.

A member of Science Club, she learns Carnatic music and represents her school in

Inter Zonal Tennis tournaments. Here are her reports for YOCEE - <http://www.yocce.in/profile.php?id=50>





# Act it out

By Saniya Surana, Student reporter

It could not have been more fun than to present stories through dramas for the participants of the Creative Drama Camp at Hansel and Gretel play school in T. Nagar.

On Sep. 25, this group presented the skits depicting fairy tales and moral stories at

Sri. P. Obul Reddy Hall in

Vani Mahal, T. Nagar between 6pm and 8pm.

The presentation started with the children offering their sincere prayers to the Almighty and went on to give the welcome address and introducing the Chief Guest for the event, Mrs. Valli Arunachalam, Principal of PSBB Nungambakkam. The children then sang "It's a small world after all" to the soft and sweet music ringing out.

"The Wolf and the Goat Kids" was the first play enacted.

It caught the attention of the kids, sitting as audience, as nursery rhymes were sung during the plays whenever appropriate along with background music.

This was followed by "The Donkey who became a headman", and a few more, reminding the audience of



their own childhood days, when they would have read these stories.

The participants, children between the age group 4 -14 yrs, had worked hard for seven days at a workshop organised by Hansel and Gretel, for 7 hours a day, to bring out this theatrical presentation, with the help of

teachers of Hansel and Gretel and also

a professional, Mrs. Lakshmi.

This event was organised with the aim of helping children overcome stage fright and gain confidence and also learn to express themselves better, said the organisers. It was evident that the aim was achieved, with children eager, and enthusiastic to slip on into the shoes of different characters from mythological stories.

Hansel and Gretel does plan to conduct such programmes in the future too, so watch out for more fun and masti with fictional characters or something different next time.

Hansel and Gretel Play School is at 11, Jagadambal St., T. Nagar. Phone - 28152549



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# Institutional visit to Bangalore

By S. Sruti, Student reporter



The Nehru Children's Cultural Association organised an educational tour to Bangalore. Students were taken to several institutions – Indian Space Research Organisation (ISRO), Hindustan Aeronautics Limited (HAL), Nobel Laureate Sir C.V. Raman Research Institute, Visweswarayya Industrial & Technological Museum, Indian Institute of Astrophysics, and Indian Institute of Science (Tata Institute).

At ISRO students were shown models of Satellites. Rathnakar, Scientist explained the conditions for designing rockets

At HAL, S. Kuppusamy, Consultant showed the students the techniques of Designing an aircraft showed them some models of aircrafts.

At the Visveswarya Museum students were taken to the 'Taramandal' a dome with a peculiar cave like entrance and were shown how to recognise the shape of a constellation and the various techniques used to differentiate one constellation from the other.

K.S.Dwarakanath gave an insight on Astronomical terms and also cleared the doubts of students regarding Astrophysics.

In IISc, Dr.Manjunath Krishnapur gave the students challenging problems and discussed a few concepts of non routine mathematics.

Dr. S. Chaterjee, Professor of Indian Institute of Astro Physics gave an inspiration on making telescopes. He also showed a power Point presentation and also told them how the reflecting telescopes worked..

The association plans to conduct more such visits for the students. Interested? Contact M.R. Sugumaran, President, Nehru Children's Cultural Association, 94444 16484, 24453014.

Email : [nehruchildrenculturalassociation@yahoo.co.in](mailto:nehruchildrenculturalassociation@yahoo.co.in)



## ORTHODONTICS IN CHILDREN

Orthodontics is the specialization of dentistry, which deals with correcting the malalignment of teeth, improper bite and irregularities of the jaws thus improving the smile and function of the teeth. The corrective treatment is carried out by a Dental Specialist called "Orthodontist".

### Indications that need Orthodontic treatment

- Baby teeth not falling out when they are expected to
- Protrusion of upperfront teeth
- Crossbite and crowded teeth
- Spacing in between the teeth
- Mouth Breathing habit
- Thumb and finger sucking habit
- Unusual facial profile
- Showing too much gum tissue when smiling
- Upper and lower teeth not meeting properly (Openbite)

### Why is it important to have orthodontic treatment?

- Orthodontic problems can disfigure the face and mouth.
- Orthodontics can improve the appearance of the teeth and face.
- Normal speech and chewing can be made possible by orthodontic treatment.
- A bad bite can make biting or chewing difficult or even impossible, and can cause the teeth to wear down.
- Crooked teeth are very hard to brush properly.
- If teeth are not kept clean, this can result in tooth decay and loss of teeth.
- Orthodontic problems can damage the gums and underlying bone structure.
- If the jaws are not properly positioned, pain in the jaw joints can result.
- Orthodontic problems can get worse if they are neglected. They will not just "go away".
- If not treated in time, a problem can become more difficult and more expensive to treat later on

### How is treatment carried out?

Orthodontic treatment can be done by many sorts of appliances like **Removable Appliances**

#### Functional Appliances

**Fixed Appliances :** These have brackets and bands temporarily stuck to the teeth. A flexible wire joins all the brackets and allows the teeth to be moved. It is not possible for the patient to take the appliance out and so it is called a fixed appliance.

Brackets are made up of **Metal or Ceramic or Plastic**. Ceramic braces made of translucent material, are most popular with adult patients, due to their cosmetic appeal.

**Invisalign:** Clear, plastic aligners that straighten your teeth without noticeable, bulky materials.

### How long will the orthodontic treatment take to complete?

The length of treatment depends on how severe the problem is, and may take anything from a few months to two and a half years. Most people can be treated in one to two years. Co-operation by the patient, or lack of it, can affect the length of treatment. Orthodontic appliances usually need adjusting every 4 to 6 weeks.

### Is orthodontic treatment painful?

- When braces or other orthodontic appliances are first **placed** in the mouth, some discomfort or pain is experienced, but this soon passes.
- Adjustments to appliances may cause temporary pain or discomfort.
- The appliances may initially irritate the lips, teeth or tongue, but the orthodontist will adjust them to minimise any discomfort.

### Can the child play sports while wearing braces?

Absolutely! The child is advised to wear a protective mouth guard while engaging in any sports activity. The mouth guard will be fabricated and given by the dentist.

### How to take care for the Braces and Teeth?

- Brush your teeth carefully daily after every meal and, if necessary, use a mouthwash prescribed by the dentist.
- Appliances are delicate and you need to make sure you clean them carefully so that they do not break. The dentist will be able to show you the special techniques and brushes to use depending on the appliance you are wearing.
- Avoid 'snacking' on sticky and hard foods or fizzy drinks containing sugars that may damage the orthodontic appliances.
- Visit the dentist monthly once for an adjustment while wearing orthodontic braces.



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