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# YOCEE

The Hub for Young Chennai



Volume 2: Issue 8

September 2009

## HOBBY CLASSES SPECIAL

In this special issue, our student reporters share their experience of learning different hobbies.

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## From the editorial desk



Hi young friends!

We should now be wishing a warm winter. But the mercury is still soaring with scattered rains.

That's a good climate for viruses to spread too.

And so we read a lot about the flu here, there and everywhere.

The necessity to take preventive steps has come to us.

One way is to improve our general health. The other is to follow the rules of hygiene.

The list of do's and don'ts to prevent catching the flu includes wash your hands often, and don't touch the eyes, nose and mouth frequently, change your clothes when you come back home...

Shouldn't we be doing all this even without the warning of the flu or other ailments?

Similar to this is preventing the rising temperature and the global warming.

Time has come to take preventive steps so that we have a pleasant weather as our previous generations had.

The government has banned the use of plastic on the beach. But what about our homes? What about our roads that flushes so much of carbon?

If this much heat is generated and choking plastic is discarded every day, will we have the parks and avenues to hang out in the evenings and holidays?

Time to think.

By the way, where do you spend your leisure? YOCEE's October issue is Hangout Special. Tell us about the cool places to hangout in Chennai! Mail to editor@yocee.in

**Revathi**  
**Editor**

*Do share this newsletter with your friends.  
They too would love to read as you do!*

To reach YOCEE



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## Know your culture and heritage through games

*By Shruthi Sailesh, Student Reporter*



Do you love to play board games? Then this one is for you.

Dr. Lalitha Ramakrishna, Research Director at Tattvaloka saw her grandchildren play the game Cinderella. Since she is very much interested in ancient Indian culture and heritage, she thought of

making a similar game with an Indian theme. Thus, she invented the Ramayana board game.

Dr. Lalitha's interest in Indian culture was the reason she decided to make a board game which had moral

values, was fun and was a well known story. She chose Ramayana as the story for the game.



She loves interacting with children and felt this was a nice way to do it. Her view is that everything has a value and is appreciated by God.

She is also planning for board games based on other epics. She gives a tip that board game can be made with any theme. She showed how the game is played. You roll the dice and answer the questions and get points. At the end of the game whoever has more points would win.

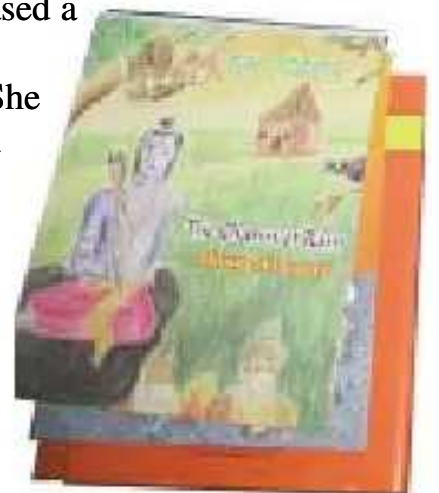
She has done her doctorate in Music and authored several books on Carnatic music. She has also written small stories for children which have moral values to be

learnt. She has recently released a book for children to learn Carnatic music the fun way. She also gifted me the Ramayana board game and a book called: 'Why Nani?'

Want to buy this board game?

It is available at Tattvaloka, No.76 (Old No.138) Eldams Road, Teynampet.

Phones: 2432 8124 / 25 / 26.





# For the music and dance lovers...

By Lavanya A. Student Reporter

Are you passionate about music and dance? Want to perform in stage shows? Looking for learning these arts? Here is one place to stop by. Vidhyabhays School of Music and Dance.

The school was started by Shobana Muraali, wife of the singer and stage artiste U.K.Muraali in the year 1999. She had a passion for music since her childhood and learnt it too. Her



interest in music was the main cause to start this school.

The school offers classes in keyboard (Indian classical and Western), guitar, drums, violin, tabla, flute, veena, vocal (carnatic), bharathanatyam and Western dance. There are about 15 teachers in this school, who are experts in playing more than one instrument.



Besides excellent training, many opportunities are given to the students to perform stage shows.

The classes go on from 5 pm to 8 pm during week days. On Saturdays, the classes go on from 2 to 8 in the evening. During

Sundays, the classes are from 8 am to 2 pm.

The students of the schools perform at the Marundheeswarar temple in Thiruvanmiyur the major festivals in the temple.

The school assures of quality teaching and good exposure to their students.

Vidhyabhays School of Music and Dance is at L 362, Thiruvalluvar Nagar, Thiruvanmiyur

Contact nos: 9840026560, 24417202, and 42020317

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# A-Day celebrations at P.S. Senior

By Sruti S, Student Reporter



It is the 33rd decennial year celebrations of P.S. Senior Secondary School which was making news. This year the annual day was held for four days. On the first two days it was held in the school premises at the open shed. On the next two days it was held at Narada Gana Sabha, Alwarpet.

The chief guest for the third day was R.D. Naseer, IAS, presently serving as Tea Board Chairman, Conoor. On the fourth day, Dr.S. Ramachandran, Vice Chancellor, University of Madras, was the chief guest.

The show started with orchestra preceded by an invocation. The song Shri Sharade, a varnam in Abheri raga, Shri Chamundeswari in Bilahari raga and a thillana in Senjurutti were presented.

The principal read out the annual report and the SPL Lacxmi Narasimhan delivered the Welcome address. Mrs. Usha Varadarajan, vice principal of the school read out the list of Prize

Winners Prizes were Distributed by the chief guest. S. Prashanth of our school bagged most number of prizes. He was going to Bulgaria to attend the

International Informatics Olympiad.

Mr. Nazeer, who was an alumnus of the school recollected that Mrs.Lakshmi Srinivasan, now the principal of the school used to be his teacher in class 7

and how she used to be jovial with the students. He also



discussed the various opportunities available to the students.

He also shared an interesting anecdote in front of the three principals who had were present at the occasion - Mrs.Alamelu Ganapathi, Mrs.Vijayalakshmi Srivatsan (Former Principals) and Mrs.Lakshmi Srinivasan about a bomb scare started by one of his classmates to get a test cancelled at the school and how the then principal Mrs. Alamelu Ganapathi kept her cool and cleared the scare with the help of the bomb squad and later how they came to know of the culprit who confessed it.

The Asst. SPL

Ravikiran Ramaswamy gave the Vote of Thanks.

Next, the bharatnatyam dance 'Pushpanjali' portraying the divine manifestation of Lord Krishna, His

omnipotence and supremacy through the Krishna Leela with the Govardhana and Kalinganarthana.

Following the dance recital, the senior students presented an English play titled 'The refund' originally written by Kathy Frintz. The actors were the students of

classes 9 to 12. The central theme which revolves round an alumnus of the school who wants to get back his tuition fees. Surprises, suspense and humour spiced up this fun filled play.

The visual fiesta was followed by a Tamil play titled 'Seeripaaindha Singam' depicting the story of Bhaktha Prahlada, a devotee of Lord Vishnu and how the Narasimha avatar takes its form taking the audience to the roots of the story.

Last of all the students' choir sang 'Iyyarkai Deivame' followed by a Hindi song and the school anthem 'Vaazhgave'.

The students have put up a good show and their efforts have yielded the best results as expressed by the correspondent, A.N. Radhakrishnan.

**HANGOUT SPECIAL**

**YOCEE**  
October Issue

**Know all cool places in Chennai  
to hangout with family and friends  
during weekends and holidays**

# Creativity through **C o l o u r s**

By Sanjana Patnaik, Student Reporter

If you have the talent of drawing in you and want to improvise it, this is the place to come.

Kamla Ravikumar is the art teacher, who teaches every thing from pencil strokes to colors to paints to pencil shading to charcoal to oil paints and when you master this, you become a complete artist.

Creative Colours Art Institute for Children was started in 1991 for the benefit of academically stressed children in the age group of 7-14 years. Classes are held daily after school hours. It is a fun class and is for relaxation.



craft and art-related subjects. Women are encouraged to develop their talents and skills and perhaps translate this to income generation too.

The Institute also imparts training to students aspiring to pursue further studies in Architecture and Visual Communication. Studio 41 offers exciting opportunities for children and adults interested in arts and crafts.

Kamla Ravikumar, a professional artist and Interior

designer manages both the Institutes. Art enthusiasts in Chennai are familiar with Kamla's creativity.

She has held exhibitions of her works in India and

some of her works are in the homes of private collectors in India, Dubai and the USA.

Kamla Ravikumar was born and raised in Bombay (Mumbai). Her educational experiences are in art and interior design. Kamla's love for colour, fascination with the properties of glass and a passion for learning lead her to pursue training in Tiffany style stained glass in the United States of America.

At Studio 41 she teaches drawing, painting, pottery, Tanjore glass painting, Tanjore painting, stained glass painting, fabric painting, shibori and Tiffany style stained glass.

Creative Colors and Studio 41 can be contacted at A-2, Sea Point, 41A, Beach Road, Kalashetra Colony.

Phone no. 9381094646

An annual exhibition of their works is held to encourage the children learning the art.



Studio 41, the Art Workshop was started in June'04 for art lovers, hobby artists and

housewives with time at hand. Short term and long term workshops are conducted here with an emphasis on art,

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# Moulding young scientists

*By M. Bharath and P. S. Nandini Student Reporters*

## The Regional Level

Science Exhibition, organised by the CBSE, was held at The Hindu Senior Secondary School, Indira Nagar, Adyar on Aug. 10 and 11.

Around 42 schools from Andhra Pradesh and 30 schools from Tamil Nadu took part in this exhibition. The event was conducted with a view to inculcate the scientific mind in students.

The students were given four themes, namely Disaster Management, Combating climate change, Harnessing energy and Mathematical modeling.

Visitors and students enthusiastically exchanged views on the subjects and the concepts behind the models displayed at the exhibition.

The chief guest on the first day was Dr. P. Iyamperumal, Executive Director, TN Science and Technology Centre, N.Nagaraju Joint secretary, Regional Office, CBSE Chennai, B.S.

Raghavan, IAS and retd. president of the Hindu Educational Society, Sri Narayana Ramaswamy and



Padmini Sriraman, principal of The Hindu Senior Secondary School were also present during the inauguration.

Shree Saraswathi Vidhyaah Mandheer, Mettupalayam did their project about getting energy from the pungamia plant and pungam fruit.

The project of SRDF Vidyalaya, Chrompet was about getting biogas from cow

dung. They had a big metal model, weighing about 100 kgs which costed them about Rs.10,000. They said that in their school they had two separate dustbins, one for plastic and papers and another one for food waste. And the food waste is put inside the machine and the biogas is separated from the

other wastes which go to the bottom of the digester and comes out through a pipe. They said that they used this waste in their school as fertilizers for plants that they grew around in their school. And the biogas can be stored and used as fuel, they added.

Kola Perumal School did a project about a solar tower which is conical in shape. The base's diameter should be 1 km and the tower's height should be 5 km. These towers should be constructed in deserts.

The other projects were titled 'Treat Nature Naturally', 'Best out of e-waste', 'Temperature control and management', 'Reed beds', 'Eco-friendly Potato Plastic', 'Green Building', 'Climate Chaos', and more.

The Chief Guest for the final day of the exhibition was Dr. M. Chandra, Director, Satish Dhawan Space Centre, Sriharikota.

A mini planaterium was displayed by Periyar Institute of Science (Birla Planaterium) and it was the highlight of the two day event which drew the attention of large number of visitors.



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# Learn Odissi in Chennai

By Shrishti Susan Mathew, Student Reporter

Should you go to Orissa to learn their classical dance Odissi?

Not really, I attend this Odissi dance class after my school hours, in Chennai.

My teacher is Sanhita Basu Ghose and the classes are held at her dance school - Konark Dance Academy in Besant Nagar.

## Why Odissi?

Most of my friends learn Bharatanatyam. But, I wanted to learn something different and unusual. My mother found out about this class and when she told me about it, I immediately agreed to join as Odissi is from Orissa - a state that I don't know much about. I thought that attending this class would also help me explore more about India's diverse art forms.

## About the dance school and my class

There are 20 students who attend classes at the dance school on different days and in different batches. In my batch there are four students - two children (including me) and two adults. My classes are from 5.45 pm to 6.45 pm twice a week on Tuesdays and Thursdays. In addition to regular classes, my teacher also holds summer camps and workshops. A lot of foreigners attend these

classes.

## The Odissi dance form

Odissi originated from Orissa. The reigning deity of this dance is

Lord Jagannath ( Krishna) who is worshipped with his brother Balabhadra (Balaram) and sister Subhadra.

The dancers wear cotton sari and silver jewellery. The main position in the dance is the 'chowka' where the dancer stands in a semi squatting position, feet apart and arms bent and parallel to her shoulders. Some famous Odissi dancers are Sonal Mansingh, Protima Bedi and Sanjukta Panigrahi.

My dance teacher also encourages us to see live Odissi Performance whenever there is a show in Chennai and tells us a lot about the dance, Orissa and its culture.

Konark Odissi Dance and Art Academy is at T 29, 7th Avenue, Besant Nagar. Phone 09940012947. Email sanhita\_odissi@yahoo.in



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Stories being used in Chennai, at Little Mavericks in T. Nagar and Enchanting Elves in Kilpauk, is a great hit. "These children's books are a fantastic resource. They are simple and give a clear message. They will be great to use in the classroom and assemblies too. Kids are not only learning from these stories but are also making a part of their lives" adds Story Teller Sheetal.

Books from Kidz4mation will be launched in Chennai and will be available at all leading book stores.

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To order hard copies or ebooks contact  
Sheetal - 9840091290

# All coins at this Madras Week event

*By Vasudha Mishra, Student Reporter*

Philately and numismatics, the age old hobbies now fading away were re-introduced to the young people at the Madras Week celebrations hosted by PSBB, K. K. Nagar. The event was held on Aug. 20 and was organised by INATCH.

'Coins' was the theme for this year in memory of the late Raja Seetharaman, a well known coin collector, social worker and an active member of INTACH.

"Collection of coins is a passion for both the young and old but it is losing its importance of late. So this theme, we felt, was apt in nurturing this hobby among students and to encourage those who are already collecting. Coins help us to know about the socio economic status of the country and also about the units of conversion with regard to foreign coins," said Mrs. Indira Vaidhynathan, Principal, PSBB (KKN) while addressing the students.

This celebration invited young enthusiastic school students from the neighborhood to actively participate in events convened for the momentous celebration. Essay writing competition and the exhibition of coins occupied a prominent place in the events for the day.



A special word of appreciation was for Venkatesh, attendant at PSBB (KKN) who displayed an amazing range of coins much to the delight of the viewers and members of

INTACH. Mr. Y. G. Rajendraa, Management Representative, PSBB Group of Schools, appreciated the studied display of coins by the young students.

Mrs. Prema Kasthuri, Former Prof. of History, Women's Christian College and Mr. Sashi Nair, journalist addressed the gathering and gave away the prizes.

Dignitaries of INTACH, Heads of PSBB Schools, and teaching faculty from the neighbouring schools attended the function.

Mrs. Shanthi Chandrasekar, HOD Social Science Dept, PSBB(KKN) organised and coordinated the programme with precision.

The members of INTACH hoped that PSBB (KKN) will continue to host the celebrations in the years to come. They also requested the school management to open a Heritage Club and Numismatics and Philately Clubs to encourage the young collectors.

## Chess and arts classes

*Saniya Surana, Student Reporter*

Hobbies! This is one thing common to all, irrespective of nationality, caste, creed, colour and all the several barriers of the society. These are what we love to do during our leisure hours; these are that give us a break from the tensions we might burden our shoulders with, during our lifespan.

A stress-buster, a pain reliever, a source of relaxation, there are no words to exactly describe as to how hobbies can help us during trying times in our lives.

Thus hobbies being quite significant in each of our lives can be honed and fine tuned to master the art which gives us pleasure and happiness. This is exactly what Chitra Murali, mother of two and a homemaker-turned-teacher believes in.

Her dedication and time along with the teachers' (who take chess and art classes) hardwork to promote chess and art classes among today's generation has helped in



her endeavour to guide the students cope up with their academics as well as pursue their hobbies, heading towards all-round development of the ward.

Ms. Murali believes in giving her best to help her wards and thus also conducts a weekly test to measure the child's progress and thus work accordingly to conquer the ward's weaknesses in the subject.

Mr. Anthony, who is in charge of the art classes, makes it fun-filled with a lot of student- teacher interaction.

Chitra Murali's classes are held at new no. 25, Lakshmi Colony, T. Nagar. This is a bylane from North Crescent Road. Contact: 98412 70127



# Seniors encourage juniors

By Ishan V P, Student Reporter

Here is an innovative way of encouraging the younger kids towards loving language and literature. The 22nd of August 2009 was witness to such an event at Bala Vidya Mandir, Adyar.

An Interschool Primary literary competition was conducted by the Literary Club of Bala Vidya Mandir. The event lasted from 9 am to 12 noon and was organised by the students of Classes 9 and 11 and the language teachers of the host school.

Students of Classes 1 to 5 from many schools, including Shankara Senior Secondary School and DAV Public School, gathered in the Vidya Peet auditorium awaiting the start of the various events like Hindi poetry recitation, Tamil story telling and English poetry reading.

The Hindi poetry recitation was held for the students of class 3. The winner of this event was Ishaan Singh of Arsha Vidya Mandir.

The Class 3 students also participated in the English Poetry Recitation. Amritha shree of Harsha Vidyalaya won the first prize.

The Tamil storytelling event for Class 5 students was next and the winner of the competition was Shankaran of Sushil Hari International Residential School.

Then, the English poetry reading for Class 4 students took place. The winner was Akshara of PS Senior Secondary School.

The last competition of the day was English storytelling. The event was won by S Deekshitha of St. Britto Academy.

The entire event was compered by Shrija Chavali, Shloka Narayan, Deekshita Ganesh and Krithika S K of Std 11.

One bright spark from the audience exclaimed, "This is so much fun, next time I will do even better". All the children left the school grinning from ear to ear.

# Display of talents

By C. Madhumathy, Student Reporter

Sri Sankara Vidyashramam, Thiruvannamiyur, celebrated its annual inter school Science Fest Pradarshini on Aug 10 and 11 at the School premises.

The fest was inaugurated by Dr. A. Ramachandran, director, Centre For Climate Change & Adaption Research, Anna University. The chief Guest for the occasion was Dr.P. Iyamperumal, Executive Director, Tamil Nadu Science and Technology Centre.

Students of Sri Sankara Vidyashramam presented a song on environment and started the session.

The Principal of the school, Mrs.Kalpalatha Mohan welcomed the gathering and the correspondent Mr. Dhandapani spoke on Environment.

Students from classes 3 to 12 participated in the events. The theme for the events this year was 'Save the Environment'. There were Group dance, Group Music, English Skit, Tamil Debate, Collage, Rangoli, Project Display, Oratorical competition, Creative writing, Radio Show and a quiz on Astronomy.

Not to miss was the tongue llickering chat items , ice creams and other eatables. All the students from around 20 schools enjoyed learning a lot at the celebrations for two days with their friends.

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# From Pinholes to Pixels

*By Ankita D' Souza, Student Reporter*

The National Photographic Salon 2009 was conducted by the Photographic Society of Madras from the 18th to 23rd of August 2009. It was to commemorate 150 years of this institution.

They were more than 200 pictures of various subjects. The exhibition was held at the Lalit Kala Akademi. The photographs were tagged under headings and very orderly represented with the title and name of the photographer.

There were prizes given to the best pictures taken for each of the many subjects. Under the first subject water the first prize was given to a photo called 'enjoying a bath' by Bomala Venkana. It was of a little girl taking a bath with just a little water but with such a happy face.

Another wonderful picture was that of the sea and the blue sky, it looked as if there was water on the sky as well. It was given the caption 'abandoned in solitude'.

The second subject was Monochrome which had some great shots of people doing various activities. The first prize was given to the photograph captioned 'dusk' by Sudip Bhar.

Streets at night was the third subject in which the first prize was given to a picture 'Festive mood'. A very extraordinary picture of a little boy sleeping on the pavement with his pet monkey was captioned 'Friends forever' by Vivek Desai. He won the second prize.

The fourth subject was temples of India; the first place went to a picture of a temple with a wonderful scenery surrounding it. It was called 'Spite Pass Temple' by

Sathish Kalra.

The fifth subject had some of the most hilarious pictures of politicians, old men and many more. It was termed Magnificent Madras.

The sixth subject was the ever-loving Flora and Fauna which had some really pleasant pictures of birds, butterflies and other rare animals. The first place went to a photograph captioned 'Time to go' by P. Srinivas.

The last subject was Emotions that had some really different pictures compared to the other subjects at the exhibition. The first prize went out to a picture captioned 'Not to cry' by Ramakrishna Saha. It was a picture of a Tibetan baby crying.

The pictures really brought out meaning and purpose and though they were of the same subject were entirely different from one another. Each picture had its own qualities that each photographer brought out. It was really an exhibition of talent and beauty.

No photography was allowed in the exhibition and hence the report could not have any pictures.

Want to take up photography as a hobby? Check out the Photographic Society of Madras, which holds regular workshops, photowalks and lectures for its members and photo enthusiasts.

Photographic Society of Madras is at 55, 3rd East Street, Kamaraj Nagar, Thiruvananthapuram. Phone: 42020956. E-Mail: [focus@photomadras.org](mailto:focus@photomadras.org) Web site: [www.photomadras.org](http://www.photomadras.org)

# Annual Athletic Meet at St. John's

*By Sheba Samuel, Student Reporter*

The YMCA grounds in Nandanam sported a busy look as St. John's Matriculation Higher Secondary School, Mandaveli had its annual Athletic meet on Friday, the 7th of August 2009.

The Chief Guest for the occasion was Mr. Sridhar, I.P.S., Deputy Commissioner of Police, Chennai Crime Branch. The meet was declared open with the hoisting of the School Flag followed by the march past of the various houses; red, green, blue and yellow.

Ms. Sylvia Reginald, principal of the school delivered the welcome address. This was followed by the Inspirational Inaugural Address by the Chief guest highlighting various aspects of sports and athletics.

The students from the primary department gave a brisk mass-drill performance with great uniformity. The senior girls dressed colorfully also made beautiful formations

which were a feast to the eye. Various events for different categories like sub-juniors, juniors, seniors and super-seniors were held for both boys and girls. The track events and the relay got everyone on their nerves cheering for their own houses.

A game for teachers based on the four houses were held too. The game for parents gave the finishing touch.

The final event for the day was the relay by the students who have passed out of the school.

Mr. A.G. Mourya, I.P.S., Deputy Commissioner of Police, Mylapore was the Chief Guest for the Closing Ceremony. Prizes were distributed to the winners.

The different houses received points for their performance in various events and the Red House bagged the Overall Championship for this year. The memorable meet concluded with a vote of thanks around 5.30 p.m.

# KALA VAIBHAVAM, the inter-school cultural at the Hindu Senior

*Bharath M, Student Reporter*



July 24th was no ordinary day at the Hindu Senior Secondary School. It was the day of grand display of talent by the students of many city schools at the Kala Vaibhavam, an inter-school cultural competition which is held every year.

Nearly 25 schools participated in 11 events. JAM (Just A Minute), an event where a student was given 5 minutes to prepare on a given subject to talk non-stop for one minute extempore on the given subject, ADZAP (creation of mock ads), Western dance, Paste your Taste brought out the creativity of the young minds.


The highlight of the event was HCL (Hindu Cricket League).

It is introduced for the first time and was unique because it had only two players per team and each team played two overs.

The overall championship was won by Vidya Mandir, Mylapore. The Houses of Hindu Senior Secondary School, Cheran, Cholan, Pandian, Pallavan were on their toes and ensured a smooth sailing of events.

The backdrop for the event was tastefully designed and decorated by Manikandan and Thillainathan, students of class 11 at the Hindu Senior Secondary School. The chief guest of the event was Ms. Vinaya cine playback singer who gave away the prizes.





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# Truly Classical

By Shruthi Sailesh, Student Reporter

Everybody has one hobby or the other. One of my many hobbies is dancing. I learn classical dance at Kaladiksha School of Bharatanatyam



My guru Meenakshi Chitharanjan, a Padmashree awardee, has a passion for this art form and had her arangetram at the age of 9. She has presented hundreds of shows in India and abroad. She started Kaladiksha School in 1991. She is assisted by brilliant nattuvangam exponent Pandanallur Pandian and Kalyani. There are



many different styles in Bharata natyam.

At Kaladiksha the pandanallur style is taught.

We have three groups in our dance school, basing on the learning level -

beginner, junior and senior. The senior students do performances along with our guru.

I look forward to my dance class as I learn a lot about our culture and its stories through the rhythmic hand and leg movements and postures.

Do you know that dance is also a form of exercise? In a single dance class, you can burn 400 to 700 calories! You will really enjoy the classes at this school.

Kaladiksha School of Bharatanatyam is at No. 48, Warren Road, Mylapore. Phone : 24993051

## Early Loss of Deciduous Teeth and its management

Although it is true that all milk teeth are replaced by permanent teeth, this must happen at the right age. There is an appropriate time for each milk tooth to fall and the permanent successor to take its place.

### Causes for Early Loss Of Primary Teeth



They can be knocked out in a fall or any other accident. Extensive decay can require that a primary tooth be extracted. Primary teeth can be missing at birth. Some diseases or conditions can contribute to early tooth loss.

### What is the problem with early loss of primary Teeth?

If a milk tooth is lost for any reason much earlier than the scheduled time of eruption of the permanent tooth, then the space created by loss of the milk tooth will reduce or even close due to drifting of the adjacent teeth. When the time for the eruption of permanent tooth comes it may have no place, so it either gets locked within the jaws or erupt in an abnormal position.



So as a broad guideline, by following conservative treatment procedures, all attempts should be made to avoid removal of the front milk teeth before the age of 4 years, and the other milk teeth before the age of 9 years.

### How do we manage early loss of primary teeth?

When early removal of primary teeth becomes necessary, an appliance called **space-maintainer** will be constructed by the dentist for the child to wear. The function of this appliance is to maintain the space created by the loss of the milk tooth until the permanent tooth comes in.



A **space maintainer** is made of stainless steel and/or plastic. It can be removable, or your dentist can cement it in the child's mouth (called a fixed space maintainer). Children missing several teeth can use a removable partial denture instead of a space maintainer.

For example, children with a congenital disease called ectodermal dysplasia often have multiple missing primary teeth, and there are no permanent teeth to replace them. A child with this condition can use a removable denture into adulthood. After that, the child can receive **dental implants** or a **bridge** or continue to use a removable partial denture.

### Are Space Maintainers always necessary?

Not every tooth that is lost too early requires a space maintainer. If one of the four upper front teeth is lost early, the space will be maintained on its own until the permanent tooth comes in. If the permanent tooth is about to erupt, the dentist may decide not to place a space maintainer.

### Caring for the Space Maintainer

The space maintainer may feel unusual at first, but after a few days, the child probably will get used to it. It's important for the child to brush regularly to keep the gum tissue healthy. If the child has a fixed space maintainer, he or she needs to avoid chewy candy and gum, which can loosen the band or dislodge it. Then the child shouldn't push on the space maintainer with his or her tongue or fingers because that could bend or loosen it.

### Follow-Up

The child's dentist will follow the progress of the erupting permanent tooth by taking Dental X-rays regularly. When the permanent tooth is ready to erupt, the space maintainer is removed.

If there is no permanent tooth, the space maintainer will be used until your child's growth is completed (age 16 to 18), and then a bridge or implant or removable partial denture can be placed in the space.



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